

Here are some helpful links to find Naturopathic, Alternative or Holistic Medicine, and just like our practice, combined with general Medicine links! This is an ever growing list, so if you are aware of a site we should add, please let us know! Send an email from our [Contact us page](#).

Books

[Traditional Foods are Your Best Medicine](#) . Dr. Ronald Schmidt

[House Call: How Ordinary People Have Extraordinary Health](#) . Dr. Melissa Dawahare

[Adrenal Fatigue: the 21st Century Stress Syndrome](#) . Dr James Wilson

[Nourishing Tradition s.](#) Sally Fallon

[Hypoallergenic Diet: A Complete Guide to Food Sensitivities](#) by Saeid Mushtagh B.Sc., N.D.

[Wheat Belly: Lose the Wheat, Lose the Weight, and Find Your Way Back to Health.](#) William Davis, MD Rodale Press.

[Living Gluten-Free For Dummies](#) , 2nd Edition. Danna Korn.

[Gut and Psychology Syndrome \(GAPS\)](#) . Dr Natasha Campbell-McBride. <http://www.GAPSdiet.com>

Journals

Nutrition and Healing <http://www.Wrightnewsletter.com>

Townsend Letter, the Examiner of Alternative Medicine <http://www.townsendletter.com>

Wise Traditions, Journal of the Weston Price foundation <http://www.westonaprice.org>

Natural Medicine Review <http://www.naturalmedicinejournal.com>

Naturopathic Doctor News and Review <http://ndnr.com>

Holistic Primary Care <http://holisticprimarycare.net>

Green Medicine <http://greenmedicineonline.com>

- Over 400 radio broadcasts hosted by Dr. Jonathan Wright on natural health topics.

Organizations

The Weston A. Price Foundation 202 363-4394 <http://www.westonaprice.org>

Cancer Treatment Information: www.cancerdecisions.com *Ralph Moss is a world expert in information on both conventional and integrative cancer treatment resources.*

American Association of Naturopathic Physician <http://www.naturopathic.org>

Live Strong (Lance Armstrong nutrition and diet support) <http://www.livestrong.com>

ACAM American College for Advancement in Medicine <http://www.acam.org>

American Academy of Environmental Medicine <http://www.aaem.com>

Labs

Quest Diagnostics <http://www.questdiagnostics.com>

Genova Diagnostics <http://gdx.net>

DiagnosTechs <http://www.diagnostechs.com>

Meridian Valley Lab <http://meridianvalleylab.com>

Low Dose Naltrexone (LDN)

<http://www.ldndatabase.com/index.html>

<http://www.lowdosenaltrexone.org>

Nightshades and Arthritis

<http://www.noarthritis.com/research.htm>

<http://arthritis.ygoy.com/nightshade-vegetables-for-arthritis-treatment/>

Cancer Treatment

Cancer Treatment Centers of America www.cancercenter.com

Cancer Decisions www.cancerdecisions.com

[Riordan Clinic Vitamin C Treatment](#)

 National Center for Complementary
and Alternative Medicine



